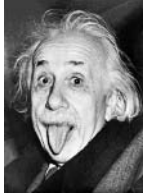


## You Can Be The Change

We live in a time of ecological "crisis" (great danger & great opportunity). Our civilization has reached a turning point, and change is happening everywhere, exponentially, right now. Are you part of the global mind shift that is underway?



*"We can't solve the significant problems of today with the same level of thinking used when they were created."*

*Albert Einstein*

### How do we create a new reality?

We look at our unexamined assumptions, inherited from an industrial world view, and recognize where they are obviously wrong. Then we see our behaviour patterns, based on that outdated, unsustainable world view and we change them, one by one. Actions ground our thinking and creates new realities.

### Can I do this alone?

Not very well. Behaviour change is much more successful when done in small groups. It's also more fun and interesting. Peer support and accountability goes a long way. That's why we recommend Be The Change Action Circles.

### Why a Be The Change action circle?

It provides the tools, structure and process that shifts your level of thinking to make sustainable life style choices.

# Be The Change ACTION CIRCLES



## BE THE CHANGE

# It's time to start changing **YOUR** world.

Join with Be The Change Earth Alliance.  
Get the tools and process you need to make the  
changes you want to see, inside and out.

Call us: 604.269.9874  
[www.bethechangecircles.org](http://www.bethechangecircles.org)

### How do I start a circle?

Invite friends and neighbours for a Be The Change salon. We'll deliver an inspiring presentation, explain the process and show you the materials. People sign up for an 8 session module and then it begins.

### What's the process?

People meet regularly for 2 hours to dialogue on the readings or films, and choose a personal action that they report on to the group on each session. This fosters connection and effective support. Using the Facilitator's Guide people rotate leading the circles.

### What readings?

Be The Change has 12+ modules of readings or films to choose from, or you can source your own materials. The point is to explore together different aspects of our lifestyles that need to be examined.

### What Actions?

The Action Guide has simple, important, achievable actions that have an immediate impact on Climate Change.

### How can I possibly find the time?

Perhaps you are so caught up on the workaholic wheel of consumption that you are out of touch with your own priorities. Be bold! Schedule 2 hours to meet with people you like, to discuss meaningful, life changing issues and be supported to make sustainable lifestyle choices. You'll be glad you did.



*"Be The Change you want to see in the world... anything you do is insignificant, and EVERYTHING you do is very important."*

*Gandhi*